

Fabiano Manfrin

Specialty Cook

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New York, NY



Passionate Specialty Cook with extensive experience in Italian cuisine, eager to contribute expertise and creativity to a dedicated kitchen team. Skilled in preparing authentic Italian dishes with a modern twist, committed to delivering exceptional dining experiences.

Experience

2021 - Now

Specialty Cook - Italian Cuisine

La Trattoria / New York, NY

- Lead the Italian cuisine station, expertly preparing a wide range of traditional Italian dishes, including handmade pasta, risotto, and regional specialties.
- Innovate new menu items and seasonal specials, integrating fresh, locally-sourced ingredients.
- Implemented kitchen efficiencies and cost-saving measures while maintaining high standards of quality and consistency, resulting in a 15% reduction in food waste.
- Train and supervise kitchen staff in Italian cooking techniques, emphasizing attention to detail and adherence to recipes.

2018 - 2021

Line Cook - Italian Bistro

Gusto Ristorante / New York, NY

- Prepared classic Italian dishes such as antipasti, gnocchi, and osso buco, ensuring authenticity and flavor balance in every plate.
- Managed high-volume production during peak dining hours, maintaining speed and accuracy in food preparation to meet the demands of a bustling restaurant.
- Maintained a clean and organized kitchen environment, following food safety protocols and sanitation standards to exceed health inspection requirements.
- Collaborated with the chef team to develop weekly specials and seasonal menu changes, contributing creative ideas and culinary expertise.

Education

Culinary Arts Diploma

2021 - 2022

Institute of Culinary Education
New York, NY

Skills

Proficient in Italian cuisine techniques, including pasta making, sauce preparation, and regional cooking methods. ●●●●●

Creative flair for developing innovative Italian dishes while honoring culinary traditions. ●●●●●

Strong organizational skills and ability to thrive in fast-paced kitchen environments. ●●●●●

Languages

Italian (Native)

English (Proficient)