



Registered Clinical Dietitian

Amanda Vides

Professional summary

Compassionate and results-driven Registered Dietitian with over 5 years of experience in providing evidence-based nutritional care across diverse patient populations. Expertise in clinical nutrition and community health education. Adept at creating personalized meal plans, conducting nutritional assessments, and leading wellness programs.

Experience

Clinical Dietitian

June 2022 - Now

Saint Luke's South Hospital / United States, Overland Park, KS

- Provide medical nutrition therapy for patients in the intensive care units.
- Collaborate with interdisciplinary teams to develop patient-centered care plans.
- Educate patients and families on dietary modifications to manage chronic conditions.
- Monitor and adjust enteral and parenteral nutrition support for critically ill patients.
- Developed and delivered a hospital-wide nutrition education series.

Community Dietitian

March 2020 - May 2022

Kansas Department of Health and Environment / United States, Wichita, KS

- Led community nutrition programs focusing on child health, including WIC services.
- Developed materials on topics such as breastfeeding, and food security.
- Managed a caseload of over 200 clients, providing individualized counseling.
- Assisted in the development of public health policies to address food insecurity and obesity in underserved communities.

Dietetic Intern

June 2019 - February 2020

University of Kansas Medical Center / United States Minor Outlying Islands, Kansas City, KS

- Gained hands-on experience in conducting nutritional assessments, developing meal plans, and providing patient education.
- Assisted with menu planning and nutrient analysis for hospital patients, ensuring compliance with dietary restrictions.
- Contributed to a research project evaluating the effectiveness of a weight management program in a community clinic setting.

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United States, Sharon, KS

Education

Master of Science in Nutrition

2017 - 2019

University of Kansas

United States, Lawrence, KS

Bachelor of Science in Dietetics

2013 - 2017

Kansas State University

United States, Manhattan, KS

Registered Dietitian Nutritionist (RDN)

Commission on Dietetic Registration (CDR)

Issued: June 2017, Expiration: July 2025

Licensed Dietitian

Kansas State Board of Healing Arts

Expiration: June 2025

Certified Diabetes Educator (CDE)

CBDCE

Expiration: September 2024

Skills

MNT Therapy ◆◆◆◆◆

Nutritional Assessment ◆◆◆◆◆

Diabetes Management & Education ◆◆◆◆◆

Community Nutrition Programs ◆◆◆◆◆

Enteral & Parenteral Nutrition ◆◆◆◆◆

Languages

◆ Bilingual: English & Spanish