



Carrie R. Glowacki

EATING DISORDERS REGISTERED DIETITIAN

(212) 555-7890

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United States, New York, NY

SKILLS

Eating Disorders Recovery Support	Expert
Medical Nutrition Therapy (MNT)	Expert
Nutritional Assessment & Counseling	Expert
Meal Planning & Nutrient Analysis	Expert
Motivational Interviewing	Expert
Team Collaboration	Expert

LANGUAGES

- Bilingual: English & Polish

HOBBIES

- Cooking
- Yoga

PROFESSIONAL SUMMARY

Recent graduate with hands-on experience in clinical nutrition and behavioral health through a comprehensive dietetic internship. Eager to apply my knowledge and skills in eating disorders management to an entry-level Registered Dietitian position.

EDUCATION

2020 - 2024

Bachelor of Science in Nutrition and Dietetics

New York University / United States, NY

- Relevant Coursework:** Medical Nutrition Therapy, Eating Disorders and Nutrition, Advanced Human Nutrition, Psychology of Eating
- Honors:** Graduated cum laude, Dean's List (6 semesters)
- Research Project:** Conducted a senior thesis on the role of dietitians in the treatment of anorexia nervosa, analyzing the impact of different therapeutic approaches on long-term recovery.

Mental Health First Aid Certification

National Council for Mental Wellbeing / Issued: February 2024

EXPERIENCE

August 2023 - May 2024

Dietetic Intern

Mount Sinai Health System / United States, New York, NY

- Conducted comprehensive nutritional assessments for patients with eating disorders, collaborating with a multidisciplinary team to develop individualized care plans.
- Provided one-on-one counseling to patients, focusing on restoring healthy eating patterns and improving body image.
- Led group workshops on nutrition education, mindful eating, and coping strategies for managing triggers related to eating disorders.
- Assisted in developing a meal support program to help patients establish regular eating habits during their recovery process.

January 2023 - July 2023

Nutrition Volunteer

NEDA / United States, New York, NY

- Supported the organization's outreach efforts by creating educational materials on the prevention and early detection of eating disorders.
- Participated in community events and webinars to raise awareness about the importance of early intervention in eating disorder treatment.
- Assisted in organizing fundraising events to support NEDA's programs and initiatives.