



Senior Physical Therapist

Dr. Laura Mitchell

Professional summary

Results-driven and experienced physical therapist with over 12 years of practice in various clinical settings. Expertise in orthopedic and neurological rehabilitation, with a passion for mentoring emerging therapists.

Experience

Senior Physical Therapist

March 2014 - Now

Pacific Coast Therapy Group / San Diego, CA

- Lead a team of therapists in providing high-quality patient care, focusing on evidence-based practice and innovative treatment approaches.
- Develop and implement a successful mentorship program for new graduates, enhancing clinical skills and professional development.
- Manage a diverse caseload, achieving a 95% patient satisfaction rating and positive outcomes across various conditions.

Physical Therapist

June 2012 - February 2014

Rehabilitation Hospital of San Diego / San Diego, CA

- Delivered comprehensive physical therapy services to patients with traumatic injuries and post-surgical rehabilitation.
- Collaborated with physicians and other healthcare professionals to optimize patient recovery plans.

Professional Affiliations

- American Physical Therapy Association (APTA) (June 2012 – Present)
- California Physical Therapy Association (August 2012 – Present)

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San Diego, CA

Links

LinkedIn

Education

Doctor of Physical Therapy (DPT)

University of Southern California, Los Angeles, CA

Graduated: May 2012

Bachelor of Science in Health Studies

San Diego State University, San Diego, CA

Graduated: May 2009

Licensed Physical Therapist

2012 - Now

California Board of Physical Therapy

Certified Manual Therapist (CMT)

2015 - Now

Skills

Leadership and team management



Evidence-based practice



Patient assessment and treatment planning



EMR documentation

