



emily.johnson@email.com

Rochester, NY

#### EDUCATION

#### Associate of Applied Science in Human Services

Monroe Community College, Rochester, NY

Graduated: May 2019

#### SKILLS

- CPR and First Aid Certified
- Knowledge of Medicaid and care documentation
- Strong communication and interpersonal skills
- Ability to manage challenging behaviors with patience and professionalism
- Experience with behavior management strategies

# **EMILY JOHNSON**

## RESIDENTIAL DIRECT SUPPORT PROFESSIONAL

#### PROFESSIONAL SUMMARY

Dedicated Residential Direct Support Professional with 6+ years of experience in providing compassionate, personalized care for individuals with disabilities in a residential setting. Skilled in promoting independence, ensuring safety, and facilitating community engagement.

#### EXPERIENCE

March 2021 - Now

# **Residential Direct Support Professional**

#### Bright Horizons Residential Services, Rochester, NY /

- Provide assistance with daily living activities such as bathing, dressing, meal preparation, and medication management.
- Promote social skills and independence through community outings and skill-building activities.
- Maintain documentation of client progress, daily activities, and incidents.
- Collaborate with a multidisciplinary team to develop and implement individual care plans.
- Ensure a safe living environment through adherence to safety protocols and regular checks.
- July 2019 February 2021

## **Direct Support Professional**

Lakeside Care Group, Rochester, NY /

- Supported individuals with developmental disabilities in group home settings.
- Assisted in recreational activities and promoted community involvement.
- Monitored and tracked individual progress on personal goals.
- Administered medication and provided mobility assistance as needed.

## VOLUNTEER WORK

• March 2018 - Now / Rochester Volunteer Network, Rochester, NY

#### **Volunteer Caregiver**

- Provide companionship and support to elderly individuals in assisted living homes.
- Assist with activities such as reading, walking, and organizing social events for residents.

• Ensure clients' emotional and physical well-being during visits.