



in LinkedIn

EDUCATION

Master’s in Art Therapy & Counseling

Loyola Marymount University | 2019

Bachelor’s in Fine Arts & Psychology

University of California, Los Angeles | 2017

Certifications

- ATR (Registered Art Therapist) – Issued 2019
- Certified Rehabilitation Counselor (CRC) – Issued 2020

SKILLS

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| • Art-based rehabilitation techniques | Expert |
| • Cognitive and motor skill therapy | Expert |
| • Pain management strategies | Expert |
| • Neuroplasticity and art therapy | Expert |
| • Substance abuse recovery support | Expert |
| • Adaptive art interventions | Expert |
| • Interdisciplinary team collaboration | Expert |

PROFESSIONAL SUMMARY

Dedicated Rehabilitation Art Therapist with 7+ years of experience helping individuals recovering from physical injuries, addiction, and neurological disorders. Passionate about integrating creative interventions into physical and mental rehabilitation programs to promote healing and resilience.

EXPERIENCE



2019 -

Rehabilitation Art Therapist
Cedar Sinai Rehabilitation Center / Los Angeles, CA

- Design and lead adaptive art therapy programs for patients recovering from strokes, traumatic brain injuries, and chronic pain conditions.
- Assist individuals in regaining fine motor skills and cognitive function through structured artistic exercises.
- Develop art-based coping strategies for patients undergoing substance abuse rehabilitation.
- Work alongside occupational and physical therapists to enhance recovery outcomes through creative interventions.
- Provide one-on-one and group therapy sessions, using a variety of mediums such as painting, sculpture, and mixed media.



2018 - 2019

Art Therapy Intern
Los Angeles Recovery & Wellness Center / Los Angeles, CA

- Supported licensed therapists in conducting expressive therapy sessions for individuals overcoming addiction.
- Assisted in developing personalized rehabilitation plans incorporating art-based mindfulness techniques.
- Documented patient progress and collaborated with mental health professionals.

VOLUNTEER WORK



- Facilitator, Healing Arts for Veterans Program – Los Angeles, CA (2021-Present)
- Art Therapy Instructor, Community Recovery Center – 2020-2022