



Physical Therapy Student

Carolyn Barrett

Professional summary

Dedicated and compassionate physical therapy student with hands-on experience in musculoskeletal rehabilitation, patient assessment, and treatment planning. Seeking an opportunity to apply clinical knowledge in a professional setting and continue developing therapeutic skills.

Experience

Physical Therapy Intern

May 2025 - Now

NYU Langone Orthopedic Hospital / New York, NY

- Assist physical therapists with patient evaluations, treatment plans, and rehabilitation exercises for various musculoskeletal injuries.
- Conduct range of motion (ROM) assessments and assisted in manual therapy techniques to reduce pain and improve mobility.
- Work with patients post-surgery to support recovery, including helping them regain function through targeted therapeutic activities.
- Document patient progress and treatment outcomes in SOAP notes for clinical review, ensuring clear communication between therapists and the healthcare team.

Volunteer Physical Therapy Assistant

August 2023 - May 2024

Beth Israel Medical Center / New York, NY

- Supported physical therapists in managing patient records, preparing treatment rooms, and sterilizing equipment before patient sessions.
- Assisted in physical activity instruction by guiding patients through basic exercises aimed at improving strength and flexibility.
- Monitored patient progress during rehabilitation sessions and provided encouragement to patients.
- Engaged in patient education, explaining home exercise programs and the importance of maintaining an active lifestyle to prevent injury.

Professional Development

- Attended the 2024 New York Physical Therapy Conference on Musculoskeletal Injuries
- Participated in an online workshop on Neurological Rehabilitation Techniques

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New York, NY

Education

Doctor of Physical Therapy (DPT)

New York University (NYU) – New York, NY

Graduation Date: May 2026

Relevant Coursework:

- Musculoskeletal Dysfunction & Rehabilitation
- Neurological Rehabilitation
- Clinical Research & Evidence-Based Practice

Bachelor of Science in Kinesiology

University of California, Berkeley, CA

Graduation Date: May 2022

Certifications

- CPR and First Aid Certified, American Heart Association (2025)
- Basic Life Support (BLS), American Red Cross (2024)

Skills

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|------------------------------------|-------|
| Patient assessment | ◆◆◆◆◆ |
| Manual therapy techniques | ◆◆◆◆◆ |
| Neuromuscular re-education | ◆◆◆◆◆ |
| Gait training | ◆◆◆◆◆ |
| Medical documentation (SOAP notes) | ◆◆◆◆◆ |