

 (555) 987-1234

 james.patel@gmail.com

 San Francisco, CA

EDUCATION

Master of Science in Nursing (MSN), Psychiatric-Mental Health Nurse Practitioner

University of California, Graduated: May 2016

Bachelor of Science in Nursing (BSN)

San Francisco State University, Graduated: May 2013

Certifications

- **Telehealth Certification**, October 2020
- **Board Certified Psychiatric-Mental Health Nurse Practitioner**, June 2016

SKILLS

- Telehealth technology and virtual care platforms
- Remote psychiatric assessment and diagnosis
- Psychopharmacology and medication management via telehealth
- Crisis management and de-escalation in virtual settings
- Patient engagement and education in telehealth environments
- Multidisciplinary team collaboration for integrated care

HOBBIES

- Mindfulness Meditation
- Outdoor Activities
- Reading

LANGUAGES

- Spanish: Intermediate proficiency
- Mandarin: Basic conversational skills

JAMES PATEL

PSYCHIATRIC NURSE PRACTITIONER

PROFESSIONAL SUMMARY

Psychiatric Nurse Practitioner with experience, specializing in telehealth services for patients with mental health disorders. Proficient in providing psychiatric evaluations, medication management, and psychotherapy remotely. Seeking a position with a progressive healthcare facility that values innovation, remote care, and patient-centered outcomes.

EXPERIENCE

- May 2019 - Now

Psychiatric Nurse Practitioner – Telehealth Specialist

TelePsych Services / San Francisco, CA

- Conduct virtual psychotherapy sessions, offering therapeutic interventions such as CBT, Motivational Interviewing, and solution-focused therapy.
- Collaborate with primary care physicians and other specialists to ensure comprehensive care for patients.
- Monitor patient progress and adjust treatment plans as necessary during follow-up telehealth appointments.
- Educate patients on the benefits and limitations of remote care, ensuring they understand the scope and efficacy of telehealth services.

- June 2016 - April 2019

Psychiatric Nurse Practitioner

City Mental Health Clinic / San Francisco, CA

- Conducted mental health assessments, developed individualized treatment plans, and provided crisis intervention when necessary.
- Facilitated group therapy sessions for patients struggling with mood and anxiety disorders.

VOLUNTEERING

- January 2018 - Now / National Alliance on Mental Illness, San Francisco, CA

Mental Health Advocate

- Lead community mental health awareness campaigns and support groups for individuals with mental health conditions.
- Offer free telehealth consultations for underserved populations to improve access to care.