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DAVID CARTER

Life Coach



(312) 555-3345



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Chicago, IL

Education

Certified Life Coach

International Coach Federation (ICF) |
Chicago, IL | 2015

ICF Certified Professional Coach (CPC)

2016

Skills

Personal development coaching ♦ ♦ ♦ ♦ ♦

Goal setting and accountability ♦ ♦ ♦ ♦ ♦

Mindfulness techniques ♦ ♦ ♦ ♦ ♦

Emotional intelligence ♦ ♦ ♦ ♦ ♦

Public speaking ♦ ♦ ♦ ♦ ♦

Professional summary

Certified life coach with expertise in helping clients achieve personal and professional growth. Specializes in goal setting, confidence building, and mindset transformation.

Experience

Carter Coaching Solutions

2019 - Now

Chicago, IL

Life Coach & Founder

- Conduct over 500 one-on-one coaching sessions focused on personal growth.
- Create online workshops and self-improvement programs, reaching 5,000+ participants.
- Develop customized action plans to help clients overcome mental roadblocks.
- Provide corporate coaching services for leadership and career development.

Inspire Coaching Center

2015 - 2019

Chicago, IL

Life Coach

- Guided clients through confidence-building exercises and self-reflection techniques.
- Assisted individuals in career transitions and goal achievement planning.
- Led group coaching sessions on motivation and habit formation.
- Designed personalized strategies to help clients stay accountable to their goals.

Speaking Engagements

- Keynote speaker at "Mindset Matters" conference, 2022.
- Hosted webinars on self-improvement and motivation.