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AMANDA JOHNSON

Youth Peer Support Specialist



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Seattle, WA

Education

Associate of Arts in Social Services

Seattle Central College, WA | Graduated
June 2018

Youth Mental Health First Aid

National Council for Wellbeing | December
2020

Peer Support Specialist Certification

Washington Peer Support Alliance |
October 2018

Additional Information

Volunteer as a mentor for at-risk youth
at a local community center, providing
guidance and resources to help them
thrive academically and socially.

Skills

Youth Mentorship



Substance Abuse
Prevention



Group Facilitation



Conflict Resolution



Crisis De-escalation



Peer Counseling



Family Dynamics
Support



Professional summary

Youth Peer Support Specialist with experience providing guidance and support to at-risk youth. Skilled in facilitating support groups, mentoring, and addressing issues like substance abuse, family conflict, and mental health. Passionate about empowering youth to build resilience and lead healthier lives.

Experience

Seattle Youth Services

June 2019 - Now
Seattle, WA

Youth Peer Support Specialist

- Offer peer mentorship and emotional support to adolescents struggling with substance abuse, mental health issues, and family challenges.
- Facilitate group discussions focused on personal growth, building self-esteem, and managing peer pressure.
- Work closely with counselors and social workers to develop individualized action plans for youth, providing guidance and helping them set personal goals.
- Conduct outreach to local schools, helping to identify at-risk youth and connecting them with resources such as counseling, housing assistance, and employment support.

Teen Health Services

March 2017 - May 2019
Seattle, WA

Peer Mentor

- Led peer support groups for high school students, focusing on topics like bullying, mental wellness, and academic success.
- Provided one-on-one mentoring to students, offering guidance on how to navigate social challenges and manage emotions.
- Helped students build stronger relationships with family members and peers by offering conflict resolution strategies.
- Collaborated with mental health professionals to ensure that students received the proper emotional and psychological support.

