

# Madeline Torres

Staff Neuro ICU Nurse

## CONTACT

(832) 555-7842

madeline.torres@email.com

Houston, TX

## EDUCATION

### Bachelor of Science in Nursing

University of Texas Health Science Center | Houston, TX | 2017

### Certifications

- Registered Nurse – Texas, License #889772 | Expires 08/2027
- ACLS – American Heart Association | 2025
- BLS – American Heart Association | 2024
- NIH Stroke Certification | 2023

## LANGUAGES

- Fluent in Spanish; served as unit liaison for non-English speaking families

## PROFESSIONAL SUMMARY

Dedicated Staff Neuro ICU Nurse with experience in Level I trauma centers, specializing in managing patients with traumatic brain injuries, stroke, and post-op neurosurgical complications. Adept in fast-paced, high-pressure environments with a strong foundation in critical care protocols and interdisciplinary coordination.

## EXPERIENCE

### Staff Neuro ICU Nurse

2020 - Now

#### Houston Methodist Hospital, Houston, TX

- Deliver 1:1 and 1:2 critical care to patients with acute ischemic strokes, hemorrhages, and post-operative neurosurgical needs in a 24-bed Neuro ICU within a Level I trauma facility.
- Routinely monitor intracranial pressure and cerebral perfusion, manage sedatives and titrate vasopressors, and respond to rapid changes in neurological status using advanced protocols.
- Partner closely with physicians, physical therapists, and pharmacists to create personalized recovery plans, improving patient outcomes and reducing ICU stay duration by an average of 1.5 days.
- Led a unit-wide infection control initiative, improving compliance with sterile techniques and decreasing central line-associated bloodstream infections by 22% over 12 months.

### Neuro Stepdown Nurse

2017 - 2019

#### CHI St. Luke's Health, Houston, TX

- Provided transitional care to patients recovering from severe neurological conditions, managing tracheostomies, seizure protocols, and complex wound care.
- Responded to deteriorating neurological signs, initiated code stroke, and prepared patients for urgent readmission to ICU, facilitating seamless transitions.
- Acted as preceptor for over 12 new nurses, developing onboarding checklists and participating in simulation training to strengthen team readiness and confidence.

## SKILLS

Intracranial pressure monitoring	★★★★★
Central line insertion support	★★★★★
Stroke assessment and rapid response	★★★★★
EMR (Epic, Meditech)	★★★★★
Tracheostomy and ventilator care	★★★★★