

Long-Term Care Staff Nurse

Isabelle Carter

Professional summary

Dedicated long-term care nurse with experience supporting elderly populations in skilled nursing facilities. Proven ability to maintain high standards of patient care, streamline communication between staff and families, and promote emotional well-being through compassionate service. Known for building strong rapport with patients and interdisciplinary teams.

Experience

Staff Nurse – Long-Term Care

2019 - Now

Belmont Village Senior Living / Chicago, IL

- Provide consistent, high-quality nursing care to 28 residents with dementia, Parkinson's, and other chronic conditions, ensuring timely monitoring and appropriate escalation of medical concerns.
- Partner with physicians, rehabilitation staff, and families to develop and update personalized care plans that promote comfort and mobility.
- Administer oral, injectable, and IV medications while tracking side effects, vital signs, and behavioral changes for accuracy and safety.
- Accurately document patient data and shift notes using PointClickCare EHR, ensuring regulatory compliance and smooth interdisciplinary handoffs.

Registered Nurse – Skilled Nursing Unit

2016 - 2019

Kindred Healthcare / Evanston, IL

- Delivered nursing services to a rotating caseload of 20+ residents per shift, including catheter care, wound dressing changes, and tube feeding support.
- Played an active role in family care meetings and discharge planning, offering updates and explaining medical procedures in layman's terms.
- Trained newly hired CNAs on resident transfer methods, fall prevention techniques, and infection control protocols through hands-on coaching.
- Contributed to a 10% improvement in patient satisfaction scores by consistently addressing emotional and physical comfort needs.

Additional Information

- Fluent in English and Spanish
- Volunteer health educator for seniors at Chicago Public Libraries

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Chicago, IL

Education

Associate Degree in Nursing

Triton College | River Grove, IL | 2016

Certifications

- Registered Nurse (RN), IL | Expires: 2027
- Basic Life Support (BLS) | AHA | Expires: 2026
- Wound Care Certified (WCC) | NAWCO | Expires: 2026

Skills

Patient-centered care	◆◆◆◆◆
Medication administration	◆◆◆◆◆
Electronic health records (EHR)	◆◆◆◆◆
Wound and ostomy care	◆◆◆◆◆
Resident safety protocols	◆◆◆◆◆
Communication and empathy	◆◆◆◆◆
Care plan implementation	◆◆◆◆◆
Infection prevention	◆◆◆◆◆
Team collaboration	◆◆◆◆◆