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SAMANTHA NGUYEN

Mental Health Wellness Nurse



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samantha.nguyen@email.com



New York, NY

Education

Bachelor of Science in Nursing (BSN)

New York University, New York, NY | 2015

Psychiatric-Mental Health Nursing Certification (PMH-BC)

2019

CPR and First Aid

2023

Skills

Mental health assessments

Crisis management

Patient advocacy

Care coordination

Medication monitoring

Therapeutic communication

Group and individual counseling

Languages

- English (native)
- Vietnamese (fluent)
- Spanish (conversational)

Professional summary

Mental Health Wellness Nurse with experience providing holistic care to adults and adolescents in clinical and community settings. Skilled in crisis intervention, patient counseling, and collaborative treatment planning.

Experience

New York Behavioral Health Center

2018 - Now

New York, NY

Mental Health Wellness Nurse

- Conduct comprehensive mental health screenings and develop individualized care plans for over 100 patients monthly, ensuring tailored support and improved clinical outcomes.
- Lead group therapy sessions focused on stress management, emotional regulation, and coping strategies, helping patients build resilience and reduce relapse rates.
- Collaborate closely with psychiatrists, social workers, and family members to coordinate holistic care approaches and enhance treatment adherence.
- Provide immediate crisis intervention services, managing emergencies with professionalism and compassion to stabilize patient conditions and ensure safety.

Mount Sinai Hospital

2015 - 2018

New York, NY

Registered Nurse – Psychiatric Unit

- Delivered expert nursing care to patients experiencing severe mental illnesses, focusing on safety, symptom management, and therapeutic support during hospital stays.
- Administered psychiatric medications while closely monitoring for side effects and interactions, ensuring patient safety and treatment effectiveness.
- Educated patients and families on diagnosis, treatment plans, and strategies for illness management to facilitate successful recovery and ongoing wellness.