




# Sophia Martinez

Nurse Practitioner

## CONTACT

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-  Seattle, WA

## EDUCATION

### Master of Science in Nursing (MSN)

University of Washington, Seattle, WA

Graduation: May 2025

- Focused coursework: Advanced Pathophysiology, Pharmacology, and Health Promotion.
- Research: "Telehealth Solutions for Managing Diabetes in Rural Communities."
- Awarded the Excellence in Clinical Practice Award.
- Member of the American Association of Nurse Practitioners (AANP).

### Certifications

- Family Nurse Practitioner Certification (AANP)
- Basic Life Support (BLS) Certification

### Publications

- Martinez, S. (2025). *The Impact of Telehealth in Rural Diabetes Management*. Journal of Nursing Innovation, 42(1), 15-22.

## PROFESSIONAL SUMMARY

Board-certified Family Nurse Practitioner with a Master's degree from the University of Washington. Over 700 hours of clinical training in family practice, pediatrics, and chronic disease management. Passionate about providing holistic care to diverse patient populations.

## EXPERIENCE

### FNP Student Intern

2024 - 2025

#### Rainier Family Health Center, Seattle, WA

- Diagnosed and managed acute and chronic conditions in a family practice setting.
- Educated patients on preventive care and lifestyle modifications.
- Prescribed and monitored medications under supervision.
- Utilized evidence-based guidelines to tailor treatment plans for diverse populations.

## SKILLS

Diagnostic assessments	★★★★★
Preventive care	★★★★★
Chronic disease management	★★★★★
Medication prescription and management	★★★★★
Collaboration with interdisciplinary teams	★★★★★
EHR proficiency	★★★★★
Patient counseling and motivational interviewing	★★★★★
Health promotion and risk reduction strategies	★★★★★
Clinical decision-making based on patient history	★★★★★