

MICHAEL THOMPSON



MENTAL HEALTH COUNSELOR

Phone: (206) 555-4567

Address: United States, Seattle, WA

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Empathetic and detail-oriented Mental Health Counselor with 5 years of experience working with diverse populations. Skilled in developing treatment plans, facilitating group therapy, and providing crisis intervention.

EXPERIENCE

August 2022 - Now	Seattle Community Mental Health Center / Seattle, WA
Mental Health Counselor	<ul style="list-style-type: none">Conduct individual and group counseling sessions to address issues such as anxiety, depression, and trauma.Develop personalized treatment plans and conduct regular progress evaluations.Collaborate with psychiatrists and social workers to provide holistic care.Facilitate workshops on stress management and self-care techniques.
September 2020 - June 2022	University of Washington Counseling Center
Counseling Intern	<ul style="list-style-type: none">Supported licensed counselors in providing mental health services to students.Assisted in crisis intervention and emergency response situations.Participated in group therapy sessions and educational outreach programs.

EDUCATION

Master of Arts in Counseling Psychology	Seattle University / Graduated: June 2020
Bachelor of Science in Psychology	Washington State University / Graduated: May 2018

Certifications	<ul style="list-style-type: none">National Certified Counselor (NCC), National Board for Certified Counselors, Certification Date: November 2024CPR and First Aid Certification, American Heart Association, Certification Date: January 2023
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SKILLS

Group and individual therapy	Expert	Crisis intervention techniques	Expert
Treatment planning and evaluation	Expert	Empathy and active listening	Expert
Multicultural awareness and sensitivity	Expert		